U.S. Attorneys General to Insurers: Cover Nondrug Pain Relief

By Editorial Staff

Attorneys general representing nearly 40 U.S. states / territories have taken an important step in combating the opioid epidemic, highlighting nondrug pain management options – and increasing insurance policies toward and coverage of chiropractic and other conservative treatment options.

The National Association of Attorneys General sent a letter, dated Sept. 18, 2017 and signed by 35 state attorneys general (and the attorneys general of the District of Columbia and Puerto Rico), to Marilyn Tavenner, president / CEO of America’s Health Insurance Plans. The letter requests Ms. Tavenner, whose organization represents an estimated 1,300 member companies that sell health insurance to more than 200 million Americans, "take proactive steps to encourage your members to review their payment and coverage policies and revise them, as necessary and appropriate, to encourage healthcare providers to prioritize non-opioid pain management options over opioid prescriptions for the treatment of chronic, non-cancer pain." Among the "effective non-opioid alternatives": chiropractic, acupuncture, massage and physical therapy.

The letter goes on to state: "In the near future, working in conjunction with other institutional stakeholders (such as State Insurance Commissioners), we hope to initiate a dialogue concerning your members’ incentive structures in an effort to identify those practices that are conducive to these efforts and those that are not. We hope that this process will highlight problematic policies and spur increased use of non-opioid pain management techniques."